

101 NON-GMO FOODS

Snacks, Meals, Beverages, Cooking, Desserts



Includes many organic, vegan,
vegetarian, gluten free foods

US EDITION, 2014

FOODSNIFFR.COM

101 Non-GMO Foods

A handy grocery list of handpicked Non GMO foods for you

FoodSniffr

US 1st Edition, 2014

[Disclaimer: None of the information in this book is to be construed as medical or nutrition advice. You and your doctor are the best judges of what you should or should not be eating. We have also taken every precaution to ensure that the information presented here is accurate at the time of publishing this book. We will not be responsible for any errors or omissions that may occur despite our best efforts.]

Copyright © 2014 by FoodSniffr.com

Cover design by FoodSniffr

Book design by FoodSniffr

FoodSniffr is a registered trademark of Transbytes Inc. All rights reserved.

No part of this book may be reproduced in any form or by any electronic or mechanical means including information storage and retrieval systems, without permission in writing from the author.

The only exception is by a reviewer, who may quote short excerpts in a review.

Created in the United States of America

FoodSniffr food lists - healthy grocery lists on steroids

We hope you enjoy this ebook. If you would like more lists of healthy, gluten free, vegan, vegetarian, or non gmo foods grocery lists, check out FoodSniffr.com. Take a look at our subscription plans; once you sign up, you will have full access to all the hundreds of foods we have 'sniffed' in our database.

101 Gluten Free Foods Ebook

If you are into a gluten free diet, also check out our ebook in the 101 foods series - [101 Gluten Free Foods for Celiac Disease, IBS, Gluten Intolerance.](#)

Introduction	12
Non-GMO and healthy food	12
FoodSniffr sniffs out the good, the bad, the ugly in food	12
Cleaner, better foods	12
How to use this book.....	13
About FoodSniffr.....	15
SNACKS.....	16
Cookies.....	16
<i>Snackimals Double Chocolate Cookies</i>	16
<i>Oatmeal Cookies</i>	18
<i>Ginger Mini Snapz</i>	20
<i>Chocolate Walnut Biscotti</i>	22
Fruit Snacks.....	24
<i>Mulberries</i>	24
<i>Sliced Peaches</i>	26
<i>Cacao Goji</i>	28
<i>Strawberries</i>	30
Bars	32
<i>Peanut Butter & Strawberry bars</i>	32
<i>Paradise Pineapple Bars</i>	34
<i>Peanut Butter Dark Chocolate + Protein bars</i>	36
<i>Oats And Honey Granola Bars</i>	38

Introduction

Congratulations in taking the first step to eating Non-GMO foods. By reading this ebook, you have shown your commitment to learn more about what's in your food.

GMO foods have seeped into everyday foods at American supermarkets. It is indeed hard to find any large supermarket brands that do not contain gmos, unless they are labeled 'Organic'. We believe in the consumer's right to know what's in their food, and since companies will not label foods with GMOs, we at FoodSniffR (www.foodsniffR.com) are doing it.

NON-GMO AND HEALTHY FOOD

However, just because a food is Non-GMO, does not mean that it is healthy. It may still contain high sugar, flavors, preservatives, sodium, and such other unhealthy ingredients.

We have dug deep into our database to give you this collection of 101 Non-GMO food products that are also healthier and cleaner than other similar foods.

FOODSNIFFR SNIFFS OUT THE GOOD, THE BAD, THE UGLY IN FOOD

At FoodSniffR (www.foodsniffR.com), we have made it our mission to 'sniff' out healthy, Non-GMO foods for you, so that eating clean and healthy is a snap.

This Non-GMO foods list comes from FoodSniffR's (www.foodsniffR.com) vast database of foods that we have researched, analyzed, and cataloged in our system. This collection gives you 101 food products that you can use daily, or every couple of days. This ebook includes:

- Snack foods such as cookies, bars, nuts & seeds, fruit snacks, and crackers.
- Breakfast foods such as cereals, breads, and ready to eat.
- Beverages such as fruit juices, and non dairy milk.
- For Cooking, we have broths, beans and lentils, nuts & seeds, grains, pasta, baking essentials, flours & mixes, spices, and more.
- Healthy meals include soups, chili, and more.
- Finally Desserts includes better desserts that you can indulge in once in a while.

CLEANER, BETTER FOODS

What's more, this collection offers you a wide selection of foods that are made of real food. The foods included here also have a zero to minimal overhead in terms of chemicals, preservatives, additives, and other industrial ingredients. Where a food does contain these, they are prominently highlighted in orange and red colors.

This is how the color codes work:

- All green labels are good;
- Orange is the bad, so moderate your consumption of these.
- And red is the ugly, minimize your intake of these.

[You will notice that some foods in this collection do include reds - these reds are mostly for high sugar, as in desserts, or high sodium in some meals. Use your judgement, and the advice of your doctor or nutritionist to determine how frequently and how much of these foods you can consume.]

HOW TO USE THIS BOOK

Make this book your source for daily inspiration as you live a healthy, Non-GMO life. You can start with the food groups such as Snacks or Cereals, and jump straight to that category from the Table of Contents. Alternately, select any specific food product that interests you in the Table of Contents.

For each product, we give you the following:

- Allergen Info: This will show you which of the eight common allergens this food is free from.
- Diet Info: This will show you color-coded information; green is good for you; orange is the bad, so eat these foods with awareness and care; and reds are the Ugly, and it's best to watch your intake of these. For example, vegan or vegetarian is shown in green; low fiber is orange; lastly if the food has downright unhealthy trans fats, high sugar, high sodium etc, it will show up in red. We have made every attempt to bring you foods with minimal orange and red elements.
- Ingredients: This section shows you the full list of ingredients in any product. We have also included a note here to alert you to the fact that food ingredients may change, and so it is best to read food labels on the actual package before consuming.
- Nutrition Info: Where available, we list out the nutrition label here for you.
- FoodSniffr Sniffs: This shows you the Good, the Bad, the Ugly that we have found in this product. This will help you decide if this product is for you or not.
- Manufacturers Description: This is just what the name implies.

- Read updates: The last section points you to this product's page at FoodSniffr.com. Make it a point to visit this page to learn of any new information we may have found. This link will also allow you to buy this product from Amazon.com with a click of a button.

While we believe that the need for healthy foods is worldwide, this ebook is very USA-centric. All the products in this collection are available in the US, but we are not aware if they would be available in other countries.

And if you have seen the power of the snapshot information FoodSniffr gives you, you may want to check out our plans at www.foodsniffr.com. By signing up for our paid subscription plan, you get full access to our website, where you will find hundreds of foods - Gluten Free, Vegan, Vegetarian, as well as Non-GMO.

HOW WE DECIDED WHICH FOODS TO INCLUDE IN THIS COLLECTION

The foods listed in this collection were chosen first and foremost for their Non-GMO status. This determination was made either because the food products have been certified as Non-GMO by a third-party certification agency such as the Non-GMO Project, or the manufacturer has made a claim of their Non-GMO status on their website. We have taken every precaution to ensure that the information presented here is accurate at the time of publishing this book.

This ebook is a US edition; all the products listed in this ebook are easily available in the US; however, we are not aware if the listed food products are available outside the US.

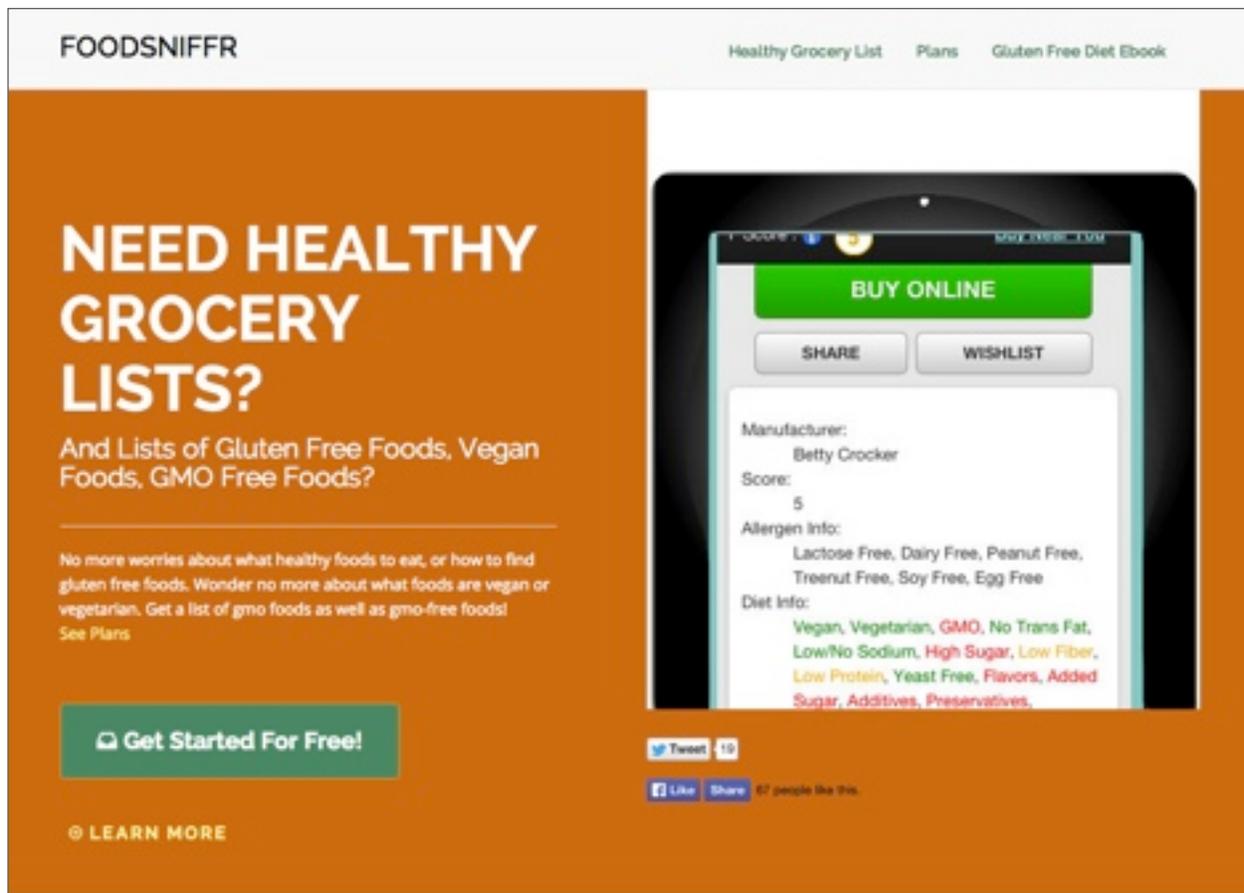
Finally, we'd love to hear from you. If you have questions, suggestions, or feedback, you can email us at editor@foodsniffr.com.

We hope that this collection will help you to lead an easier, healthier GMO-free life. We wish you many, many healthy and happy healthy years ahead.

- Team at FoodSniffr.com

About FoodSniff

FoodSniff is a grocery list maker on steroids - simply find the foods that fit your diet, check out all the details we have dug up on that food for you; then save it to your wish list. Access your wish list on your phone or tablet, and voila, you have a ready grocery list to take with you to the supermarket! Cool, huh?



The screenshot shows the FoodSniff website interface. At the top, the logo 'FOODSNIFFR' is on the left, and navigation links 'Healthy Grocery List', 'Plans', and 'Gluten Free Diet Ebook' are on the right. The main content area has an orange background. On the left, it asks 'NEED HEALTHY GROCERY LISTS?' and lists 'And Lists of Gluten Free Foods, Vegan Foods, GMO Free Foods?'. Below this is a paragraph: 'No more worries about what healthy foods to eat, or how to find gluten free foods. Wonder no more about what foods are vegan or vegetarian. Get a list of gmo foods as well as gmo-free foods! See Plans'. A green button says 'Get Started For Free!'. At the bottom left, there is a 'LEARN MORE' link. On the right, a tablet displays the app interface with a green 'BUY ONLINE' button, 'SHARE' and 'WISHLIST' buttons, and product details for a Betty Crocker product. The details include a score of 5, allergen info (Lactose Free, Dairy Free, Peanut Free, Treenut Free, Soy Free, Egg Free), and diet info (Vegan, Vegetarian, GMO, No Trans Fat, Low/No Sodium, High Sugar, Low Fiber, Low Protein, Yeast Free, Flavors, Added Sugar, Additives, Preservatives). Social media sharing options for Twitter (10) and Facebook (67 people like this) are also visible.

FoodSniff sniffs deep into every food product we cover, to reveal all the nitty-gritties - like, does it contain gmOs, or is it high sugar, or yeast free, or kosher, or high cholesterol. We have you covered. Get the Good, the Bad, and the Ugly for hundreds of foods. You deserve better than to buy crappy foods that are just not worth the money, or that are unhealthy but you don't know it.

Discover great food products! If healthy, or gluten free, or vegan, or vegetarian is your thing - we have you covered..

Check out more about FoodSniff at www.foodsniff.com and <http://www.foodsniff.com/healthy-foods.html>

Chapter 1

SNACKS

COOKIES

Snackimals Double Chocolate Cookies

Manufacturer: Barbaras

HEALTHY FOODS GLUTEN FREE VEGETARIAN VEGAN FOR DOGS & CATS

Home / **Snackimals Double Chocolate Cookies**

BARBARAS made with organic grains
Snackimals
Double Chocolate Cookies

Like Tweet +1 Pin it

★★★★★ 0 Reviews

Snackimals Double Chocolate Cookies

F Score : 8

Yeast free and non-gmo.

[Buy Online](#) → or [Buy Near You](#)

Manufacturer: Barbaras

Score: 8

Allergen Info: Corn Free

Diet Info: Non GMO, No Trans Fat, Low/No Sugar, Low Fiber, Low Protein, Yeast Free, Flavors, Added Sugar.

Ingredients: Organic Unbleached Wheat Flour, Organic Dehydrated Cane Juice, Organic Sunflower Oil, Chocolate Chips (Dehydrated Cane Juice, Chocolate Liquor, Cocoa Butter, MilkFat, Soy Lecithin, Salt, Natural Flavor), Cocoa Powder, Natural

Overview

FoodSniffer Sniffs:

The Good:
Great, no GMOs here. No trans fat is very good; Great, this is low sugar. And it is yeast-free.

Snackimals Double Chocolate Cookies from Barbaras

Allergen Info:

Corn Free

Diet Info:

Non GMO, No Trans Fat, Low/No Sugar, Low Fiber, Low Protein, Yeast Free, Flavors, Added Sugar.

Ingredients:

Organic Unbleached Wheat Flour, Organic Dehydrated Cane Juice, Organic Sunflower Oil, Chocolate Chips (Dehydrated Cane Juice, Chocolate Liquor, Cocoa Butter, MilkFat, Soy Lecithin, Salt, Natural Flavors), Cocoa Powder, Natural Flavors, Chocolate Liquor, Baking Soda, Salt, Organic Malted Barley Flour. contains Wheat, Soy, And Milk. Manufactured In A Facility That Also Processes Eggs, Peanuts, Hazelnuts, Almonds, Pecans, Pistachios, Cashews, Walnuts, And Coconut.

[NOTE: Ingredients may change; always read labels on actual package before consuming]

The Good:

Great, no GMOs here. No trans fat is very good; Great, this is low sugar. And it is yeast-free.

The Bad:

This food is low fiber, try to get more fiber in your other foods. Not much protein here.

The Ugly:

Has natural and artificial flavors. This food has added sugars.

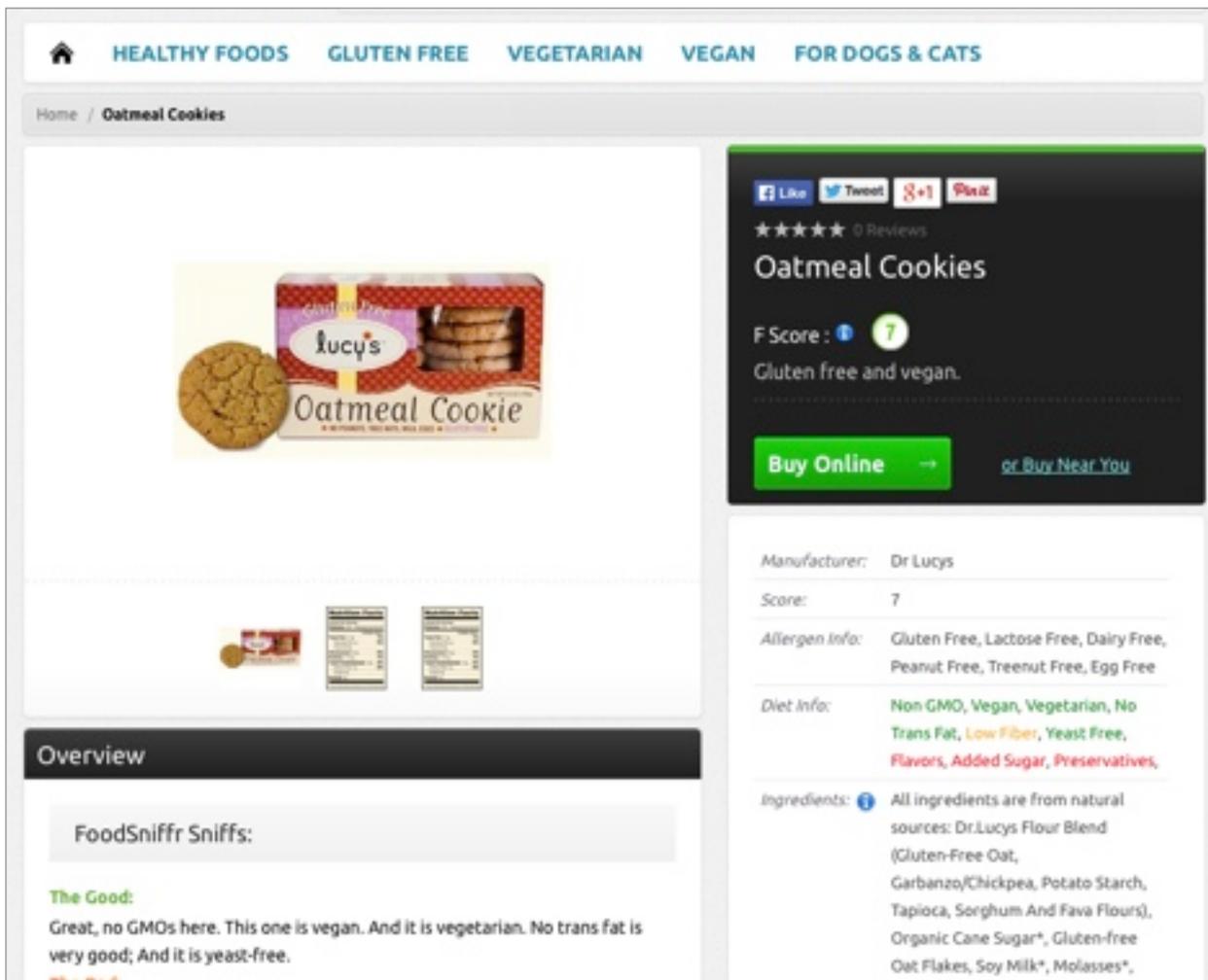
Manufacturer Description:

Lions and tigers and bears, oh yum! Get ready for a taste safari with our delightfully crispy animal cookies made with organic grains!

Read updates about this product, and buy online from Amazon with a click - <http://www.foodsniffr.com/snackimals-double-chocolate-cookies.html>

Oatmeal Cookies

Manufacturer: Lucys



Home / Oatmeal Cookies

HEALTHY FOODS GLUTEN FREE VEGETARIAN VEGAN FOR DOGS & CATS

Lucy's Oatmeal Cookie

Like Tweet +1 Pin It

★★★★★ 0 Reviews

Oatmeal Cookies

F Score: 7

Gluten free and vegan.

Buy Online or Buy Near You

Manufacturer: Dr Lucys

Score: 7

Allergen Info: Gluten Free, Lactose Free, Dairy Free, Peanut Free, Tree Nut Free, Egg Free

Diet Info: Non GMO, Vegan, Vegetarian, No Trans Fat, Low Fiber, Yeast Free, Flavors, Added Sugar, Preservatives

Ingredients: All ingredients are from natural sources: Dr.Lucys Flour Blend (Gluten-Free Oat, Garbanzo/Chickpea, Potato Starch, Tapioca, Sorghum And Fava Flours), Organic Cane Sugar*, Gluten-free Oat Flakes, Soy Milk*, Molasses*

Overview

FoodSniffr Sniffs:

The Good:
Great, no GMOs here. This one is vegan. And it is vegetarian. No trans fat is very good; And it is yeast-free.

The Bad:

Oatmeal Cookies from Lucys

Allergen Info:

Gluten Free, Lactose Free, Dairy Free, Peanut Free, Treenut Free, Egg Free

Diet Info:

Non GMO, Vegan, Vegetarian, No Trans Fat, Low Fiber, Yeast Free, Flavors, Added Sugar, Preservatives.

Ingredients:

All ingredients are from natural sources: Dr. Lucys Flour Blend (Gluten-Free Oat, Garbanzo/Chickpea, Potato Starch, Tapioca, Sorghum And Fava Flours), Organic Cane Sugar*, Gluten-free Oat Flakes, Soy Milk*, Molasses*, Sustainable Palm Fruit Oil, Expeller Pressed Canola Oil, Olive Oil, Filtered Water, Flavoring And Citric Acid From Non-GMO Corn, Sunflower Lecithin, Non-Dairy Lactic Acid, Baking Powder, Baking Soda, Potassium Bitartrate, Vanilla Extract*, Salt, Xanthan Gum, Calcium Carbonate, Annatto Extract Color, Cellulose Gum. CONTAINS SOY, OATS and FAVA | * INDICATES ORGANIC

[NOTE: Ingredients may change; always read labels on actual package before consuming]

The Good:

Great, no GMOs here. This one is vegan. And it is vegetarian. No trans fat is very good; And it is yeast-free.

The Bad:

This food is low fiber, try to get more fiber in your other foods.

The Ugly:

Has natural and artificial flavors. This food has added sugars. Contains preservatives/chemicals.

Manufacturer Description:

These oatmeal cookies have been called our Mona Lisa. Simple perfection. Mild sweetness combined with a hint of salt makes for a great taste all of the time. Perfect with coffee in the early morning or an apple after school. Enjoy!

Read updates about this product, and buy online from Amazon with a click - <http://www.foodsniff.com/oatmeal-cookie-cookies.html>

Ginger Mini Snapz

Manufacturer: Pamelas

[Home](#) / [Ginger Mini Snapz](#)



[Like](#) [Tweet](#) [+1](#) [Dial](#)

★★★★★ 0 Reviews

Ginger Mini Snapz

F Score : 1 7

This is yeast free and non-GMO. Has added sugar and flavors.

[Buy Online](#) → or [Buy Near You](#)

Manufacturer: Pamelas

Score: 7

Allergen Info: Gluten Free, Lactose Free, Dairy Free, Peanut Free, Treenut Free, Soy Free

Diet Info: Non GMO, Yeast Free, Flavors, Added Sugar

Ingredients: i Rice Flour Base (Brown Rice Flour, White Rice Flour, Tapioca Starch, Sweet Rice Flour, Xanthan Gum), Molasses, Brown Sugar, Organic Natural Evaporated Cane Sugar, Non-hydrogenated Palm Oil, Eggs, Ginger

Overview

FoodSniffr Sniffs:

The Good:
 Great, no GMOs here. And it is yeast-free.

The Bad:

Ginger Mini Snapz from Pamelas

Allergen Info:

Gluten Free, Lactose Free, Dairy Free, Peanut Free, Treenut Free, Soy Free.

Diet Info:

Non GMO, Yeast Free, Flavors, Added Sugar

Ingredients:

Rice Flour Base (Brown Rice Flour, White Rice Flour, Tapioca Starch, Sweet Rice Flour, Xanthan Gum), Molasses, Brown Sugar, Organic Natural Evaporated Cane Sugar, Non-hydrogenated Palm Oil, Eggs, Ginger Spice, Gluten-free Vanilla Flavor, Cinnamon, Baking Soda, Sea Salt, Cloves. Allergens: eggs.

[NOTE: Ingredients may change; always read labels on actual package before consuming]

The Good:

Great, no GMOs here. And it is yeast-free.

The Bad:

-

The Ugly:

Has natural and artificial flavors. This food has added sugars.

Manufacturer Description:

Each bite sized morsel delivers a snappy ginger crunch. A perfect snack anytime of day.

Read updates about this product, and buy online from Amazon with a click - <http://www.foodsniff.com/ginger-mini-snapz.html>

Chocolate Walnut Biscotti

Manufacturer: Pamelas

HEALTHY FOODS GLUTEN FREE VEGETARIAN VEGAN FOR DOGS & CATS

Home / Chocolate Walnut Biscotti



Like Tweet +1 Pin

★★★★★ 0 Reviews

Chocolate Walnut Biscotti

F Score: ↑ 7

This is yeast free and non-GMO. Has added sugar and flavors.

[Buy Online](#) → or [Buy Near You](#)

Manufacturer: Pamelas

Score: 7

Allergen Info: Gluten Free, Peanut Free, Soy Free

Diet Info: Non GMO, Yeast Free, Flavors, Added Sugar

Ingredients: i Molasses & Honey, Brown Rice Base (Brown Rice Flour, White Rice Flour, Tapioca Starch, Sweet Rice Flour, Xanthan Gum), Butter, Egg Whites, Walnuts, Natural Process Cocoa Powder, White Rice Flour, Potato Starch, Gluten-free Natural Flavor, Grainless & Aluminum Free Baking Powder (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Potato Starch), Xanthan Gum, Sea Salt,

Overview

FoodSniffer Sniffs:

The Good:
Great, no GMOs here. And it is yeast-free.

The Bad:

The Ugly:
Has natural and artificial flavors. This food has added sugars.

Manufacturer Description:

Chocolate Walnut Biscotti from Pamelas

Allergen Info:

Gluten Free, Peanut Free, Soy Free.

Diet Info:

Non GMO, Yeast Free, Flavors, Added Sugar.

Ingredients:

Molasses & Honey, Brown Rice Base (Brown Rice Flour, White Rice Flour, Tapioca Starch, Sweet Rice Flour, Xanthan Gum), Butter, Egg Whites,

Walnuts, Natural Process Cocoa Powder, White Rice Flour, Potato Starch, Gluten-free Natural Flavor, Grainless & Aluminum Free Baking Powder (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Potato Starch), Xanthan Gum, Sea Salt, Baking Soda. Allergens: Butter, Egg Whites, Walnuts.,

[NOTE: Ingredients may change; always read labels on actual package before consuming]

The Good:

Great, no GMOs here. And it is yeast-free.

The Bad:

-

The Ugly:

Has natural and artificial flavors. This food has added sugars.

Manufacturer Description:

Old world biscotti made even better with chocolate and walnuts.

Read updates about this product, and buy online from Amazon with a click - <http://www.foodsniff.com/chocolate-walnut-biscotti.html>

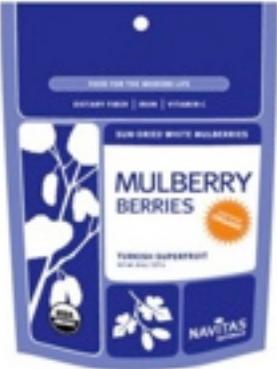
FRUIT SNACKS

Mulberries

Manufacturer: Navitas Naturals

[HEALTHY FOODS](#)
[GLUTEN FREE](#)
[VEGETARIAN](#)
[VEGAN](#)
[FOR DOGS & CATS](#)

Home / **Mulberries**



[Like](#)
[Tweet](#)
[+1](#)
[Pin it](#)

★★★★☆ 0 Reviews

Mulberries

F Score: 9

Clean, organic fruit.

[Buy Online](#) → or [Buy Near You](#)

Manufacturers: Navitas Naturals
Score: 9
Allergen Info: Gluten Free, Lactose Free, Dairy Free, Peanut Free, Corn Free, Soy Free, Egg Free
Diet Info: Non GMO, Organic, Vegan, Vegetarian, Yeast Free, Kosher
Ingredients: 100% Organic sun-dried White Mulberries. Packaged in a facility that also handles tree nuts.
Nutrition info: No

[Add to Wishlist](#)
[Compare Item](#)
[Email Link](#)

Related Products

Overview

FoodSniffr Sniffs:

The Good:
Great, no GMOs here. Organic is good. This one is vegan. And it is vegetarian. And it is yeast-free. And this is kosher.

The Bad:

The Ugly:

Manufacturer Description:

Mulberries from Navitas Naturals

Allergen Info:

Gluten Free, Lactose Free, Dairy Free, Peanut Free, Corn Free, Soy Free, Egg Free.

Diet Info:

Non GMO, Organic, Vegan, Vegetarian, Yeast Free, Kosher

Ingredients:

100% Organic sun-dried White Mulberries. Packaged in a facility that also handles tree nuts.,

[NOTE: Ingredients may change; always read labels on actual package before consuming]

The Good:

Great, no GMOs here. Organic is good. This one is vegan. And it is vegetarian. And it is yeast-free. And this is kosher.

The Bad:

-

The Ugly:

-

Manufacturer Description:

Ancient Turkish Superfruit. Mulberries are native to the Morus genus of trees and can be found in many parts of the world nowadays, but they originated in the Far East, traveling along the Silk Road from China to Turkey. Beyond their sweet and delicate flavor, mulberries are an excellent source of nutrients including iron, calcium, vitamin C, protein and fiber. They also contain resveratrol, the anti-aging nutrient found in red wine.

Read updates about this product, and buy online from Amazon with a click - <http://www.foodsniff.com/mulberries.html>

Sliced Peaches

Manufacturer: Cascadian Farms

[Home](#) / [Sliced Peaches](#)

HEALTHY FOODS
GLUTEN FREE
VEGETARIAN
VEGAN
FOR DOGS & CATS



Like
Tweet
+1
Pin it

★★★★★ 0 Reviews

Sliced Peaches

F Score: 7

Organic and vegan. High sugar.

Buy Online
or Buy Near You

Overview

FoodSniffer Sniffs:

The Good:
Great, no GMOs here. Organic is good. This one is vegan. And it is vegetarian. This is low fat, nice. Low saturated fat here is good. No trans fat is very good; Yes, low sodium here is good. Low carb here is great, go for it. And it is yeast-free.

The Bad:
This food is low fiber, try to get more fiber in your other foods. Not much protein here. Be careful, this has food colors, may be artificial too.

Manufacturer: Cascadian Farms

Score: 7

Allergen info: Gluten Free, Lactose Free, Dairy Free, Peanut Free, Treenut Free, Corn Free, Soy Free, Egg Free

Diet info: Non GMO, Organic, Vegan, Vegetarian, Low Fat, Low Saturated Fat, No Trans Fat, Low/No Sodium, Low Carb, **High Sugar**, Low Fiber, Low Protein, Yeast Free, Food Colors, Preservatives.

Ingredients: Organic peaches, citric acid, ascorbic acid (to maintain color).

Nutrition info: 1 Cup (140g), Amount Per Serving. Calories 50 , Calories from Fat: 0, % Daily Value*, Total Fat: 0g, 0%, Saturated Fat: 0, 0%, Trans Fat: 0, Cholesterol: 0, 0%, Sodium: 0mg, 0%,

Sliced Peaches from Cascadian Farms

Allergen Info:

Gluten Free, Lactose Free, Dairy Free, Peanut Free, Treenut Free, Corn Free, Soy Free, Egg Free

Diet Info:

Non GMO, Organic, Vegan, Vegetarian, Low Fat, Low Saturated Fat, No Trans Fat, Low/No Sodium, Low Carb, **High Sugar**, Low Fiber, Low Protein, Yeast Free, Food Colors, Preservatives.

Ingredients:

Organic peaches, citric acid, ascorbic acid (to maintain color).

[NOTE: Ingredients may change; always read labels on actual package before consuming]

The Good:

Great, no GMOs here. Organic is good. This one is vegan. And it is vegetarian. This is low fat, nice. Low saturated fat here is good. No trans fat is very good; Yes, low sodium here is good. Low carb here is great, go for it. And it is yeast-free.

The Bad:

This food is low fiber, try to get more fiber in your other foods. Not much protein here. Be careful, this has food colors, may be artificial too.

The Ugly:

Watch the high sugars here. Contains preservatives/chemicals.

Manufacturer Description:

Sweet in smoothies and cobblers, tangy in sauces and marmalades, our premium freestone sliced peaches are bursting with the rich flavors of summer

Read updates about this product, and buy online from Amazon with a click - <http://www.foodsniff.com/sliced-peaches.html>

Cacao Goji

Manufacturer: Navitas Naturals

HEALTHY FOODS GLUTEN FREE VEGETARIAN VEGAN FOR DOGS & CATS

Home / Snack - Cacao Goji



Like Tweet +1 Pin it

★★★★★ 0 Reviews

Snack - Cacao Goji

F Score : **8**

Organic combo of nuts, fruit, and seeds. Does have some flavors.

[Buy Online](#) → or [Buy Near You](#)

Manufacturer: Navitas Naturals

Score: 8

Allergen Info: Gluten Free, Lactose Free, Dairy Free, Peanut Free, Corn Free, Soy Free, Egg Free

Diet Info: Non GMO, Organic, Vegan, Vegetarian, Yeast Free, Kosher, **Flavors**

Ingredients: **i** Organic date paste, organic cacao powder, organic chia seed, organic sesame seed, organic raisin, organic sunflower seed, organic goji powder, organic maca powder, organic lucuma powder, organic camu-camu powder, natural chocolate flavor. Allergen Information: Packaged in a facility that also handles tree nuts.

Overview

FoodSniffr Sniffs:

The Good:
Great, no GMOs here. Organic is good. This one is vegan. And it is vegetarian. And it is yeast-free. And this is kosher.

The Bad:

The Ugly:
Has natural and artificial flavors.

Manufacturer Description:

Cacao Goji from Navitas Naturals

Allergen Info:

Gluten Free, Lactose Free, Dairy Free, Peanut Free, Corn Free, Soy Free, Egg Free

Diet Info:

Non GMO, Organic, Vegan, Vegetarian, Yeast Free, Kosher, **Flavors**

Ingredients: